

# Denton County

*"Making the best better"*

Remembering Dan James --

*"Only a life lived for others is worth living."—Albert Einstein*



Issue: September 2004  
4-H Ofc. 940-349-2884 Metro 940-434-8812  
Fax Line: 940-349-2881  
306 N Loop 288, Ste 222, Denton TX 76209-4887  
<http://denton-co.tamu.edu>  
<http://dentoncounty.com/tce>

## Keeping UP in 4H

October 4  
Extension Office  
6:00 pm Horse Committee  
7:00 pm PLA - Eddie Baggs  
7:00 pm 4H Council - Lexie McGrane

National 4-H Week  
4-H Sunday - Oct. 3  
October 3-9, 2004

State Lamb/Goat Validation  
Old Krum Ag Barn  
Oct. 20, 2004  
9–11 am and 3-6 pm

Major Show Entries due  
Nov. 15, 2004 before 5pm

County Tag-in: Mkt. Steer,  
Lamb, Goat, Swine  
NTSF - Denton  
Dec. 11, 2004, 8 am to 12 noon

County Mkt. Rabbit Validation  
NTSF - Denton  
Windy Walker, Superintendent  
Feb. 19, 2005

Youth Fair, NTSF - Denton  
Suzanne Terry, Superintendent  
March 22-26, 2005

Food Workshop, Ext. Ofc. 7pm  
Sept. 29, 2004

## Whitely Takes Silver Saddle to Victory

Congratulations to the Silver Saddle Hippology contestants!

Emily Venable 1st place in the Juniors, Veronica Whitely 5th place in the Juniors, and the Junior Team won 3rd place overall! Many thanks to Priscilla Whitely for the time spent coaching them to victory.

Amanda Cage and Courtney Burggren competed individually in the Senior Division. Amanda was 1st place in the Seniors and Courtney was 9th!

### WAY TO GO GIRLS

## Schwind Pushes Recruitment

In her quest to increase her club membership, Diane Schwind has recruited 22 new families for the Denton 4-H Club. She plans to develop strong project areas, educate youth and adult leaders, and motivate her members to excel in competitive events. Diane has taken on this leadership role with the support of her family, which includes a well traveled Gold Star, wildlife expert, public speakers, pie chef, and of course the musical talents of Michael.

## Fond Farewell

Today Dan James has announced his departure from the

D-VI 4-H Specialist position. He will be around until near the end of October.

Dan has provided tremendous assistance to all the District IV support staff, and he will be missed. We wish him well.



## Distinguished Leaders

Denton County 4-H is very proud to announce that Robert Schwind, Assistant Club Manager for Denton 4-H and Terri Cage, Horse Judging Leader and member of Silver Saddle, are representatives for the Distinguished Service Awards. They will be recognized at the District Gold Star and Leader Recognition Banquet. Robert and Terri have worked diligently to motivate and educate our county youth in their respective areas. We are proud of the work they have accomplished and we appreciate the support they lend to our county program—by making the best better.

**Extension programs serve people of all ages regardless of socioeconomic level, race, color, sex, religion, disability or national origin. The Texas A&M University System, U.S. Department of Agriculture, and the County Commissioners Courts of Texas Cooperating. A member of the Texas A&M University System and its statewide Agriculture Program.**

## Rafters in the Barn

From the Desk of Eddie Baggs, CEA-AG/NR

### Major Stock Show Entry

There **will not be** a designated night to enter major stock shows. You will need to access the web sites, secure an entry form, and return it to the 4H Office with your entry fee. All checks must be payable to **“Denton 4-H Fund.”** If your entry requires notarization, please have that done before you turn in your forms.

Fort Worth

<http://www.fwstockshowrodeo.com>

Entry forms are available over the internet.

Required information can be entered into each form and then printed. 817-877-2400

San Antonio

[http://www.sarodeo.com/sarodeo/livestock\\_show/entryforms/](http://www.sarodeo.com/sarodeo/livestock_show/entryforms/)

San Angelo

<http://www.sanangelorodeo.com/> (Select: Stock Show Forms)

Houston

<http://www.hlsr.com>

If you have difficulty, go to google.com and type in the stock show name.

### Northwest FFA First Annual “Goats R Us” Meat Goat Workshop

**Date:** Saturday, October 2, 2004

Location: Northwest Agricultural Center  
1960 Texan Drive - Justin, TX 76247

**Time:** 8:30 a.m. - 5:00 p.m.

**Topics:** Selection, Health Maintenance, Feeding Program, Exercising, Shearing, Hoof Trimming, Training, and Showmanship. Bring your goat to receive hands-on instruction for showmanship. If time permits there will be a jackpot showmanship show at the conclusion of the workshop.

**Tuition:** \$10.00 (includes hamburger lunch, chips, drink & dessert)

### Livestock Show Calendar

**October 20** – 9 - 11 am; 3 - 6 pm, Old Krum Ag Barn  
State Lamb and Goat Validation

**November 15** -- Extension Office

Major Show (Ft Worth, San Antonio, Houston) Entries due.

Entry Forms can be downloaded from show websites

**December 11** – 8:00 am -12 noon

NTSF, Denton

County Tag-in: Mkt Steer, Lamb, Goat, Swine

**February 19, 2005** -- NTSF, Denton

County Mkt. Rabbit Validation.

Windy Walker, Superintendent

**March 22-26** - NTSF, Denton

Suzanne Terry, Superintendent

DCLA Youth Fair

### Horse Committee

#### 2004-05 Officers

President Amanda Cage

Vice President Tia Johnson

Secretary Emily Venable

Treasurer Courtney Burggen

Reporter Travis Carlisle

Kim Wendt, Club Manager of Silver Saddle reports that her club has 60 members. Kim provides great support to her riders, and she is very much appreciated. If you need any information about horse project planning, contact Amanda Cage, Horse Committee President.

District 4-H Horse Show will be held Monday and Tuesday June 13 and 14th in Athens. For those of you who might be showing at the district level, you might want to note this on your calendar and/or put in your vacation time now.

State 4-H Horse Show will be held July 23-30, 2005 in Abilene. You must qualify at the district horse show to participate. If you are a regular at state, you might note these dates on your calendar.

**Extension programs serve people of all ages regardless of socioeconomic level, race, color, sex, religion, disability or national origin. The Texas A&M University System, U.S. Department of Agriculture, and the County Commissioners Courts of Texas Cooperating. A member of the Texas A&M University System and its statewide Agriculture Program.**

**Texas 4-H Horse Bowl**  
**November 20, 2004**  
**Time: 9:00 a.m.**  
**Place: Texas A&M, Commerce**

Entries are due in the 4-H Office October 21, 2004 before 5 pm.  
There is no limit to the number of teams you may enter. There is a \$6.00 entry fee per participant, which is due at the same time as the entry. There will be no refunds. You may substitute a member. Questions will be taken from resources listed in the Horse Bowl references. Registration will begin at 9:00 a.m. in the Ag Science Building, second floor. Substitutions must be made by 9:30 a.m. The contest will start at 10:00 a.m. and should conclude with the Awards presentation about 1:00 pm in the auditorium of the Ag Science Bldg. The first and second place senior teams will advance to the State Competition in June. You are not limited in the number of teams you can send, but only one senior team from a county will represent District IV at Texas 4H Roundup.  
Questions contact:  
Larry Spradlin, Hopkins County, 903 885 3726  
Texas 4H Horse Bowl Guide Rules Will Apply (4H3-2.030)

Information Needed to enter:  
Coach  
Name of Participant  
Date of Birth  
Gender  
Race  
Entry Fee - \$6.00 per participant

**District 4-H Beef Quiz Bowl - 2004-05**  
**Contest will be held at the Fall Roundup**  
**at Texas**  
**A&M University - Commerce (Ag**  
**Building) on Saturday, Nov. 20, 2004.**

Entries are due in the 4-H Office October 21, 2004 before 5 pm. Entry fees are \$6.00 per person and (\$24 per team). You are not limited in the number of teams you send, but only one senior team from a county will represent District IV at Texas 4H Roundup.

**Resources:**  
Texas 4-H Quiz Bowl Guide (4H 3-2.030)  
Texas 4-H Beef Quiz Bowl Supplement (AS 1-3)  
Page #1 - inside of Texas 4-h Beef Quiz Bowl Guide (30 resources are listed)  
Other helpful items:  
Beef Quiz Bowl at Star of Texas (Website:  
<http://www.staroftexas.org/index.htm>)

**Questions Contact: Dan James 972-952-9243 or**  
**Roger Skipper, Committee Chair 903 737 2443**

Check-in 9:00 a.m. – Contest Starts 9:30 a.m.

Information Needed to enter:  
Coach  
Name of Participant  
Date of Birth  
Gender  
Race  
Entry Fee - \$6.00 per person \$24 per team

**Classroom Training -**  
Trail Riding Clinic - October 21, 2004 -  
7 - 9 p.m. in the Denton County Courthouse on  
the Square. No cost just show up.  
Sponsored by the Denton County Horse  
Committee (adult).  
Questions Contact: Eddie Baggs 940 349 2880

-----  
Things to Remember ---

- Eligibility Forms are due one week in advance of the event or activity.
- Make a plan for National 4-H week.
- [dclayf.com](http://dclayf.com) will get you the entry forms and rules to enter the youth fair. Books will **not** be printed this year, but the website is user friendly. Thanks Tim and Suzanne. Another job well done.

appointments, etc.

## The Balanced Equation

### Clover Kid Voting

Clover Kids **do not** vote within their 4-H clubs. Their status and presence in the club is one of observing and learning.

Clover Kids are not 4H members until they are 8 years old and are in the 3<sup>rd</sup> grade. They are at liberty to participate in events, but they cannot compete.

### Clover Kid Age

To participate in the Clover Kid Program you must be 5 years of age. 4-H Age is based on the child's age as of August 31 of the previous 4-H year. The new 4-H year begins Sept. 1, 2004. So whatever your age was as of August 31, 2004, that will be your age for the rest of the 2004-05 4H year.

## 4 Parts of a Monthly 4-H Club Meeting

### 1. Inspiration (5-10 minutes)

The inspiration can include:

- ❖ Pledge to the flag
- ❖ 4-H Pledge
- ❖ Songs/poems
- ❖ Citizenship Activities

### 2. Business (15-20 minutes)

- Roll Call
- Introduction of guests & new members
- Reading of minutes
- Reports
  - Officer Reports
    - Treasurer
    - Council Delegate
    - Correspondence
  - Committee Reports
  - Activity Reports
  - Leader Reports
  - Announcements
- Unfinished business
- New Business

New business might include Election of Officers, Bylaw amendments, committee

### 3. Program (15-20 minutes)

Follow the Annual Program Plan. Resource people may be used to present material on a special program. 4-H'ers may present a method demonstration or project talk. General interest programs may include: panel discussions, guest speakers, tours, judging activities, workshops, etc.

### 4. Recreation (30-40 minutes)

Every 4-H meeting should include a recreational activity to help build club morale. For an exciting recreational session include get-acquainted games, ice breakers. Refreshments are part of the recreational part of the meeting. This is something everyone enjoys. Club Managers and Club Presidents must work closely to create a balanced club meeting. Items for consideration follows:

*Review the talent in your club*

*Greet newcomers*

*Project leaders are responsible for project programs*

*Keep in touch with your members*

---

"Change is a process not an event."



"Character is not made in a crisis, it's only exhibited."

---

## Due to 4-H Office in October:

- 4-H Charter Application
- By-Laws
- List of Club Officers
- Financial Review Form
- Enrollment Forms
- Annual Plan

**Extension programs serve people of all ages regardless of socioeconomic level, race, color, sex, religion, disability or national origin. The Texas A&M University System, U.S. Department of Agriculture, and the County Commissioners Courts of Texas Cooperating. A member of the Texas A&M University System and its statewide Agriculture Program.**

## **East Region Lock-In ages 12 - 18 years as of August 31, 2004 who reside in the East Region.**

The 4-H youth of the East Region want a 4-H Lock-In. So, grab a friend, complete the paperwork, and come to ***Dallas on October 8<sup>th</sup> to the East Region 4-H Lock-In!***

One of the goals of the District 4 Youth Leadership Team is to increase the number of intermediate age 4-H youth we reach.

The East Region 4-H Lock-In is open to all youth, ***ages 12 - 18 years as of August 31, 2004*** who reside in the East Region. The doors of the ***District 4 Office Pavilion in Dallas*** will open at ***7:00 p.m.*** and the good times will begin with registration and music followed by remarks from your District Council Officers. The night will be filled with food, dancing, games, and live entertainment. We will also have the "King of Tournaments" and other board games.

**All this for only \$10.00 per youth, agent, and or adult.** Registration and payment is due to the District 8 office by October 1<sup>st</sup>. Must have 50 youth to register to hold event. **However your intentions to participate and your entry fee must be in the Denton 4-H Office by Sept. 30.**

Breakfast is at 6:00 a.m. and ***wrap-up is at 7:00 a.m. the morning of October 9<sup>th</sup>.*** **Any leaders and or parents that attend the lock-in may not drive youth home from the lock-in.** This rule must be followed strictly as we want everyone to travel home safely. This rule goes for all agents as well. And as always, youth do not need to drive themselves to any 4-H event, including the East Region Lock-In. All youth need to be picked up by 7:00 a.m.

### **What youth will need to bring to Lock-In: Must Have for Registration:**

- 1) *Waiver & Release of Claims and Indemnification Agreement*
  - 2) *Minor's Release and Health History Form (Bring 2 copies each- one for travel and one to leave at Lock-In)*
- ★ Casual Clothes that are well within 4-H Dress Code
  - ★ Your favorite CD's to dance and listen to
  - ★ Sleeping bag & pillow - Cards / Brd Games
  - ★ Future Com. Service Ideas for East Region

### **The District 4 Office is located at:**

17360 Coit Road - Dallas, Texas 75252 -  
972.231.5362

Contact: Kelli Lehman, CEA-4H&TD at Collin County

[K-lehman@tamu.edu](mailto:K-lehman@tamu.edu) or 972.548.4232.

## **Food Facts**

**County Food Show Planning Committee is scheduled for Sept. 29, 2004 at 7:00 pm at the Extension Office.**

County Food Show is scheduled for – TBA  
Items needed to Enter ---

\*Take 4x6 photo of dish at County Show

\*Project Record Form

\*Recipe: Use Arial Font must be 12 pt Each recipe must have in BOLD the youth's name, county, category and age division in the top left corner of recipe entry. Each participant is responsible for typing his own recipe. (Sample on next page)

District Food Show is November 20, 2004 at Texas A&M University, Commerce - 2<sup>nd</sup> Floor of the Memorial Student Center.

Registration: foyer of the Leadership Lounge

Entry Fee: \$6.00 for each participant

A complete entry includes a 4x6 photo and project record form - recipe

Age Divisions: are based on ages as of August 31, 2004

**Junior Division** – 8 and in the 3<sup>rd</sup> grade to 11

**Intermediate Division** – 12 and 13

**Senior Division** – 14 to 19

Food Categories:

**Main Dish**

**Fruit and Vegetable**

**Bread and Cereal**

**Nutritious Snacks**

Guidelines for the State Food Show will be followed with the exception of Nutritious Snacks - Juniors and Intermediates will be able to enter baked items in the Nutritious Snacks category.

All youth will submit the Texas 4-H Food Show Record Form. Use the Texas 4-H Food Show Project Record Form Guidelines when completing the form. Food Show Questions (Revised) - There are no prepared questions for Seniors. They will be interviewed by the judges using a list of suggested questions.

Each contestant entry will submit a 4 x 6 photo of the entire dish of food prepared from the chosen recipe. The photo should be taken at the County Food show on a white tablecloth, it may be garnished with edible items and serving utensils ONLY. One 4x6 close up photo is to be submitted; it can be a digital photo or 35mm.

**Club Managers will receive more information— attend the Food Wrkshp Planning Committee on Sept. 29, 2004 at 7:00 pm, Extension Office.**

**Extension programs serve people of all ages regardless of socioeconomic level, race, color, sex, religion, disability or national origin. The Texas A&M University System, U.S. Department of Agriculture, and the County Commissioners Courts of Texas Cooperating. A member of the Texas A&M University System and its statewide Agriculture Program.**

**Janie Squier**  
**Rockwall County**  
**Main Dish**  
**Intermediate Division**

## **HERB TOMATO TART**

1 (17¼ ounce package) frozen puff pastry sheets, thawed  
4 plum tomatoes, thinly sliced  
1 teaspoon salt  
1 (8 ounce) package shredded mozzarella cheese  
1 (4 ounce) package crumbled feta cheese  
¼ cup chopped onion  
1 clove garlic, minced  
¼ cup finely chopped minced fresh herbs \*  
1 tablespoon olive oil

Roll 1 pastry sheet into a 14-inch square on a lightly floured surface; place on an ungreased baking sheet. Cut 4 (14 x 1-inch) strips from remaining pastry sheet, and place along edges on top of pastry square, forming a border. Reserve remaining pastry for another use. Bake at 400° for 10 minutes or until golden. Transfer to a wire rack to cool.

Place tomato slices in a single layer on paper towels; sprinkle evenly with salt. Let stand 20 minutes.

Place baked pastry shell on baking sheet; sprinkle with mozzarella cheese, feta cheese, onion and garlic. Arrange tomato slices on a single layer on top. Sprinkle with herbs; drizzle with oil. (\* For the mixed fresh herbs, you can use oregano, basil, chives, sage, tarragon, rosemary, thyme and dill. You can also substitute 1 tablespoon mixed dried herbs for fresh.)

Bake at 400° for 15 minutes or until cheese melts; serve immediately.

### **Number of Servings: 4**

(Use Arial - 12 pt only)

### **The 4-H Forecast is published by the Texas Cooperative Extension of Denton County.**

Erlene Johnson, Editor

Educational programs conducted by Texas Cooperative Extension serve people of all ages regardless of socioeconomic level, race, color, sex, religion, disability, or national origin.

The information given herein is for educational purposes only.

References to trade names is made with the understanding that no discrimination is intended and no endorsement by the Texas Cooperative Extension Service is implied. Individuals with disabilities who require an auxiliary aid, service accommodation in order to participate in Extension sponsored meetings are encouraged to contact the County Extension Office at 940-349-2284 to determine how reasonable accommodations can be made.



State WHEP Team at work.

**Extension programs serve people of all ages regardless of socioeconomic level, race, color, sex, religion, disability or national origin. The Texas A&M University System, U.S. Department of Agriculture, and the County Commissioners Courts of Texas Cooperating. A member of the Texas A&M University System and its statewide Agriculture Program.**